## WELCOME!

\& thank you for booking a program.

## What you need to do now...

## 1. Sign \& Send back your disclaimer.

You cannot attend Group Classes or Session 1 without this being done. It can be found on the last page of your quote.

## 2. Add yourself to the client group on Facebook

You can find it by searching "Holistic Hounds" or by clicking the link below. You will be accepted once your deposit is paid.
https://www.facebook.com/groups/380275066061975

## 3. Read the "About" section of the Facebook group

It will tell you to turn notifications ON so you don't miss important announcements, particularly when it comes to group classes.

Feel free to introduce your doggo in the group, everyone is super supportive!

## 4. Have a flick through the "Guides" and read these important topics:

If you click on Guides > Find all Guides on Google Drive Here > Basic Foundations Online Content, You can find all of my basic foundations online content.

## The topics you want to watch/read prior to Session 1 are:

- How Dogs Learn
- Food Drive
- Markers
- Luring \& Shaping

If you'd like to watch more, that's amazing, go for it!

If there are other more specific things we will be working on (i.e. muzzle training, crate training) I will likely link or tag you to be able to find these and get started.

## 5. Read through the Booklets:

I will attach these within this document, but you can also find them via The Facebook Group, Guides >
Booklets. Please read through all of them, particularly the E-Collar Booklet if you are using an E-Collar.

## HOW THE PROGRAM WORKS

## 1. Sessions 1 \& 2 will be approximately 1 week apart to go over the basics \& e-collar conditioning:

This week between sessions may be adjusted longer if your dog is a particularly fearful/anxious/serious case or schedules don't allow for this.
2. Your next step will be group classes to proof the basics around distractions, especially if your main issue with your dog is surrounding:

- Focus around other dogs/distractions
- Leash manners around dogs/distractions
- Recall around other dogs/distractions
- Impulse control around other dogs/distractions
- Reactivity/Aggression to dogs/distractions
- High Anxiety/Fear

Otherwise, you will more than likely have a $3^{\text {rd }}$ session at home, 2-3 weeks after your first 2 sessions.

It is up to you to put the time \& effort into making group classes if applicable to your dog.

I will not continue to give out Private Sessions if you are not putting in the work Homework wise, or if you have not made any effort to attend group classes when your dog needs it.

Ultimately, if you don't complete homework or attend group classes, the program will not yield results. Sometimes group classes aren't as applicable to some dogs and clients, if this is the case I will let you know.

## 3. Subsequent Sessions are booked as your dog shows progression:

Once you have completed some group classes and your dog has made progress there, AND you have done some of your own Homework, and your dog is ready for the next step, another session will be booked in, and so on until the program is done. I will also book extra sessions if you are really struggling with a concept and if it can't be rectified via videos \& advice, just to practice again together in person.

## Please remember, you can ask questions at any time via text, email or Facebook and/or consult the Guides in the Facebook Group.

Feel free to send videos of your dogs behaviour via Facebook or Whatsapp (0400 064 191) to ask for advice between sessions.

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[^0]:    **Every program/dog/situation is different and I normally adjust the program to suit.

